

Items to Brings and Not Permitted

Please no more than **TWO** suitcases when checking into Residential care. Additional items will be sent home with your family and friends.

Personal Care Products (30 Day Supply)

- Shampoo/Conditioner
- Body Wash/Soap
- Facial Wash
- Hair Products (Gel/Spray)
- Toothbrush/Toothpaste
- Deodorant
- Razor
- Shaving Crème
- Feminine Hygiene Products

Clothing

- Clothing should be in good taste, appropriate for current weather, and display **NO** negative slogans or emblems of any mood-altering chemicals.
- Pants (5-7)
- Tops (5-7)
- Sweatshirt, long sleeve shirt or light jacket
- Undergarments (7-9 *as needed*)
- Active wear (2 sets)
- Shoes (*limit of 2 pairs*)
- Appropriate Sleepwear (2 pairs)
- **Items to Note:**
- Shorts length needs to be no shorter than two inches above knees
- Clothing needs to cover shoulders, belly, and chest
- Tank top straps need to be two inches or more wide
- Laundry washers, dryers, and soap are available free of charge

Miscellaneous

- Cell Phone
- Hobby Items
- **NO** paint markers
- **ALL** craft items need to be in original sealed packaging
- Pens and markers are limited to a 24 pack

Optional Items

- Jewelry that you wear everyday and consider to be a necessity, like a wedding ring or a watch.
- Small amounts of money
- Turning Point Behavioral Health is **NOT** liable for lost or stolen valuables

Linens

- Linens are provided
- Please bring your own pillow. We have discovered individuals sleep better with the pillow they are used to.

Medications

- Diabetic testing supplies
- CPAP machine and supplies
- Nebulizer as prescribed

Phones, Tablets, & Laptops

- Turning Point Behavioral Health allows cell phones
- NO Laptops and Tablets, at this time

Vehicles

- To receive permission to operate a motor vehicle you will need to provide proof of a current insurance, registration, and a valid driver's license.

Legal Identification

- Clients should bring a picture ID.

Items NOT permitted

- Electronic equipment, including but not limited to the following:
 - Cameras
 - TV's
 - Gaming Consoles
 - Video Games
 - DVD's
 - Vape/Juul etc
 - Weapons (*gun, knife, scissors*)
 - Aerosol products
 - Toiletries/beauty products that contain alcohol
 - **NO** bath salts
 - Candles or Incense
 - Paint markers
 - Desktop computers
 - Perfume/Cologne
 - Linens (*These are provided by SH*)
 - Stuffed animals
- Turning Point Behavioral Health is a FRAGRANCE-FREE facility